



**Gabriola**  
RECREATION SOCIETY

## **Expectations of GRS Program Participants – updated July, 2021**

We want to continue to further open our programs and activities as we move through B.C.'s safe re-start plans. With this goal in mind, we have the following expectations of our patrons:

We ask that you **not attend** our programs if any of the following apply to you or a member of your household:

1. Are experiencing ANY cold, flu or COVID-19 like symptoms, including: fever, chills, cough, shortness of breath, sore throat, painful swallowing, stuffy or runny nose, loss of sense of smell or taste, headache, muscle aches, fatigue, loss of appetite.  
If you are sick, even if not showing specific COVID symptoms, please stay home!
2. You and/or your household have travelled outside of Canada in the past 14 days.
3. Have been in close contact with a person with a confirmed case of COVID-19.

COVID-19 self-assessment tool chart: <https://bc.thrive.health/covid19/en>

Please abide by the following:

- Wash or sanitize your hands prior to arriving at our programs.
- Feel free to wear a mask if it makes you feel comfortable.
- Do your best to maintain a 2m physical distance from others.
- Bring your own food, snacks and reusable water bottle.
- Wear close toed shoes.
- Cough, sneeze into your elbow.
- Dispose of any tissues in the garbage.
- Be respectful of other people's comfort levels about personal space, including our staff, volunteers, and instructors.

We expect all program participants to adhere to established protocols. Failure to do so may result in being asked to leave the program without refund.

Please speak to a staff member if you have questions or concerns. Our office contacts are: [gabrec@telus.net](mailto:gabrec@telus.net); 250-247-2014.